

WHY DON'T YOU...?



BY HIROSHI
SENJU

Inspired by the calmness of moving landscapes, the artist enlightens with Zen musings. As told to Sharmita Summugam.



Waterfall (Day), acrylic and fluorescent pigments on Japanese mulberry paper, 63.8 inches x 63.8 inches, 2014, Hiroshi Senju

... BEGIN EACH DAY WITH AN EXHILARATING RUSH? Start your mornings with a session at the gym and let blood flow through your brain.

... OBSERVE A CHILD'S IMAGINATION? Looking at children, we realise every one of us is creative. Just remove the unnecessary thoughts from your mind and be inspired.

... COLLECT ART TOMES? My favourite book is *Ice Age Art: Arrival Of The Modern Mind* by Jill Cook.

... BE STILL? Silence and quietness instil a mood to create.

... SURROUND YOURSELF WITH NATURAL SOUNDS?

Let the sounds of rain, wind, and your own breath stimulate your mind.

... LIVE PASSIONATELY? We are living with the support of so many people around us. Do not squander time! Live your life to the fullest.

... TRAVEL TO A BREATHTAKING DESTINATION? The Hawaiian islands never fail to inspire me. There is no landscape on Earth that does not inspire a person.

... FIND THE CAPTIVATING AND CHANNEL IT? I find the flow of waterfalls an absolute miracle. They consist of fundamental elements on earth; there is no other planet as unique as planet Earth, and whenever I realise this, I am compelled to paint the flow of a waterfall.

... CATCH A MEMORABLE EXHIBITION? When I was in my 20s, I visited MoMA and was completely knocked out by the Modernism paintings there.

... KEEP ON CREATING? The next thing I create will be my best work. ■



Cliff, pure natural pigment on Japanese mulberry paper, 76 5/16 inches x 44 1/8 inches, 2012, Hiroshi Senju

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